

Ilkeston Running Club
Double or Quit race 26th August 2006
5 mile race results

finish position	Name	club	age	class	position in class	time	Race Number
1	Terrance Smith	redhill road runners	32	SM	1	27.56	137
2	Kieran Davis	heanor running club	27	SM	2	28.30	100
3	Chris Moss	ind	50	VM	1	30.46	163
4	Adrian Teece	Belper Harriers	46	VM	2	32.12	170
5	Melvyn Heywood	TFN	45	VM	3	32.17	176
6	Al Kirk	ind	48	VM	4	33.02	149
7	Brian Goodall	erewash valley	53	VM	5	33.05	128
8	Richard Hill	long eaton running club	31	SM	3	33.13	145
9	Kevin Dickinson	holme pierrepont	38	SM	4	33.51	131
10	Lesley Yorke	ind	41	VF	1	34.19	454
11	Martin Harvey	bell harp hornets	55	VM	6	35.18	152
12	Martyn Bell	Ripley running club	30	SM	5	35.39	97
13	Rob Abrehart	hatton darts	30	SM	6	35.43	115
14	Andrew Mitchell	kimberley & district striders	28	SM	7	36.29	159
15	Steve Gelderd	redhill road runners	41	VM	7	36.35	102
16	Shaun Cavanagh	ind	37	SM	8	36.37	129
17	Simon Pitts	erewash valley	43	VM	8	36.47	171
18	Michael Whatling	ind	49	VM	9	37.15	119
19	Paul Burchell	ind	46	VM	10	37.40	126
20	Carl Bourne	ind	37	SM	9	38.15	125
21	Robert Newberry	ind	34	SM	10	38.24	144
22	Genevieve Wade	ind	21	SF	1	38.44	473

23	David Lander	sinfin running club	45	VM	11	39.30	109
24	Nicola Lawton	hatton darts	26	SF	2	39.33	448
25	Dennis Parker	erewash valley	50	VM	12	39.43	147
26	Caroline Marston	ind	21	SM	11	42.26	490
27	Paul Holmes	long eaton running club	28	SM	12	42.54	162
28	Carol Johnson	heanor running club	46	VF	2	43.10	481
29	Ruth Parker	ind	29	SM	13	45.02	446
30	Adelle Cavanagh	ind	31	SM	14	45.38	460
31	Jayne Mills	ind	?	SF	3	45.43	471
32	Keilly Ashworth	ilkeston running club	32	SF	4	45.44	489
33	Andrew Watts	ind	44	VM	13	45.45	140
34	Malcolm Matthews	long eaton running club	64	VM	14	46.06	168
35	Sheila Day	erewash valley	50	VF	3	46.09	480
36	Julie Hamilton	belper harriers	43	VF	4	48.43	438
37	Bis Whatling	ind	46	VF	5	50.05	450
38	Becky Murdoch	ind	36	VF	6	50.31	477
39	Fiona Mosley	formula one circuit crew	49	VF	7	51.25	483
40	Claire Bracegirdle	wirksworth r c	32	SF	5	51.52	478
41	Rachel Bamford	ind	25	SF	6	53.04	444
42	Susan Grainger	manor	40	VF	8	53.32	491
43	Jodi Wainwright	heanor running club	30	SF	7	53.36	445
44	Maelie Swanwick Barbera	ind	40	VF	9	54.02	472
45	Kucharzewska	ind	48	VF	10	54.02	488
46	Ron Coates	midland	77	VM	15	54.39	155
47	Tracey Sprules	aldridge running club	44	VF	11	55.12	461

48	Iris Travis	formula one circuit crew	41	VF	12	56.15	487
49	Valerie Everitt	ind	43	VF	13	56.19	451
50	Laura Sprules	ind	19	SF	8	63.12	469
51	Denise Abrehart	ind	59	VF	14	67.05	447

10mile race results

finish position	Name	club	age	class	position in class	time	Race Number
1	Chris Nicoll	black country triathletes	37	SM	1	60.16	161
2	Sean Matthews	long eaton running club	38	SM	2	63.59	118
3	Nick Thomas	telford harriers	42	VM	1	65.09	113
4	Matthew Nutt	formula one circuit crew	37	SM	3	66.09	136
5	Richard Sims	ilkeston running club	46	VM	2	67.00	169
6	Gary Fallon	derby athletic club	49	VM	3	67.14	153
7	Christopher Sprules	aldrige running club	44	VM	4	67.34	133
8	Ron Ilsley	wirksworth r c	46	VM	5	68.09	148
9	Carl Shaw	ind	26	SM	4	68.38	134
10	Ian Hunter	ind	30	SM	5	68.45	108
11	Paul Mettam	ind	41	VM	6	68.47	99
12	Colin Lewis	erewash valley	50	VM	7	69.47	139
13	Brendan Walsh	south derbyshire	50	VM	8	70.21	151
14	Jason Ball	Ripley running club	33	SM	6	70.43	106
15	Keith Donald	derby athletic club	51	VM	9	71.18	121
16	Jaik Pickford	ind	35	SM	7	71.57	156

17	Mario Rocchelli	notts athletic club	28	SM	8	73.12	110
18	Andy Parkin	Ripley running club	33	SM	9	73.34	154
19	Brendan Devlin	ind	35	SM	10	73.46	120
20	Nigel Britton	shelton striders	40	VM	10	73.57	117
21	Helen Brown	totley athletic club	34	SF	1	74.03	463
22	Ian Hodge	vegan runners	35	SM	11	74.29	124
23	Spencer Sheldon	ind	38	SM	12	74.43	160
24	Keith Pepper	formula one circuit crew	43	VM	11	74.46	164
25	Lorraine Butterfield	holme pierrepont running club	40	VF	1	75.44	441
26	Colin Brunton	ind	33	SM	13	77.26	173
27	Jonathan Pitts	ind	41	VM	12	78.05	103
28	Kevin Siplink	goole	43	VM	13	78.06	150
29	Wayne Moore	shelton striders	38	SM	14	78.30	98
30	Colin Bones	redhill road runners	52	VM	14	78.40	127
31	Peter Roe	bell harp hornets	62	VM	15	79.04	141
32	Paul Smith	ind	40	VM	16	79.17	167
33	Kev Loveridge	ind	43	VM	17	79.20	166
34	Gavin Anderson	ind	24	SM	15	79.54	143
35	Lisa Delrio	trentham	41	VF	2	80.00	474
36	Nigel Scollin	heanor running club	41	VM	18	80.43	175
37	Michael Sharpe	ind	37	SM	16	80.51	174
38	James Tilford	ind	30	SM	17	82.17	142
39	Luke Saxton	ind	25	SM	18	82.32	111
40	John Mitchell	kimberley & district striders	61	VM	19	82.57	158
41	George Hudson-Bonnett	ind	54	VM	20	83.00	112

42	Judith Marriot	shelton striders	42	VF	3	83.37	437
43	James Naylor	bell harp hornets	47	VM	21	83.53	157
44	Dennis Reeson	redhill road runners	56	VM	22	83.58	128
45	Joanne Stocks Malcolm	redhill road runners	29	SF	2	84.13	475
46	MacDonald	ind	42	VM	23	84.46	122
47	Stewart Gimson	holmes place	39	SM	19	85.19	101
48	Heather Buchanan	ind	34	SF	3	85.22	470
49	Mohammed Ratiq	ind	46	VM	24	86.19	146
50	Ian Brudenell	ind	48	VM	25	86.42	130
51	Clare Horsley	ind	28	SF	4	86.50	442
52	Andrew Newton	ind	34	SM	20	87.01	165
53	Joanne Crilly	sinfin running club	38	VF	4	87.07	484
54	Luke Whatling	ind	17	SM	21	87.13	172
55	Michelle Garner	ind	38	VF	5	87.27	486
56	Jeff Rainbow Charlotte	formula one circuit crew	54	VM	26	87.59	105
57	Robinson	ind	30	SF	5	89.48	458
58	Emma Robinson	ind	31	SF	6	89.48	453
59	Heather Church	ind	36	VF	6	90.32	462
60	Nicki Little	beaumont	51	VF	7	92.11	456
61	David Trussell	ind	42	VM	27	92.51	138
62	Denise Harvey	bell harp hornets	49	VF	8	94.07	479
63	Emma Garner	ind	19	SF	7	94.49	485
64	Joanne Nutt	formula one circuit crew	35	VF	9	95.30	465
65	Phil Hickling	bell harp hornets	50	VM	28	96.48	116
66	Karen Wood	notts athletic club	26	SF	8	97.24	459

67	Ken Wright	rolls royce harriers	71	VM	29	99.01	114
68	Julie Wilson	ind	35	VF	10	99.17	482
69	David Capel	rolls royce harriers	70	VM	30	99.38	135
70	Rachel Middleton	notts athletic club	30	SF	9	100.37	466
71	Victoria Pender	ind	25	SF	10	103.07	468
72	Bridget Gaunt	ind	44	VF	11	104.59	440
73	Jane Cullen	ind	37	VF	12	113.59	455
74	Helen Johnstone	ind	45	VF	13	116.15	464