

Ilkeston Running Club						
Double or Quit race 25th August 2007						
5 mile results						
Race Number	Name	club	finish position	time	class	finish position in class
299	Steven Capewell	mansfield harriers	1	27.54	m	1
205	Chris Nicoll	Derby Tri Club	2	29.55	m	2
298	Claire Woolis	Sutton in Ashfield Harriers	3	30.39	vf	1
310	Timothy Norman	burton ac	4	30.46	vm	1
318	Richard Wilkinson	long eaton rc	5	31.01	vm	2
307	Chris Moss	unattached	6	31.47	vm	3
313	Abbey Norman	burton ac	7	32.46	f	1
184	Phil Abbott	long eaton rc	8	33.47	m	3
260	Wai Ling Shin	unattached	9	34.06	m	4
267	Philip Whitehouse	Derby AC	10	34.56	m	4
264	Ian Bell	shelton striders	11	34.57	vm	4
311	Mary Norman	burton ac	12	35.37	vf	2
273	Paul Burchell	long eaton rc	13	36.03	vm	5
261	Wai Hong Shin	unattached	14	36.15	m	6
240	Victoria Yeomans	long eaton rc	15	36.37	f	2
288	Dominic Manuel	Tynedale Harriers & AC	16	36.57	vm	6
235	Michael Doyle	unattached	17	37.03	vm	7

226	Stephanie Ilsley	wirksworth running club	18	37.39	vf	3
317	Alastair Boyd	shelton striders Erewash Valley RC	19	37.54	vm	8
255	Colin Lewis		20	38.09	vm	9
339	Charlie Calunic	Unattached	21	38.14	vm	10
340	Mike Walker	unattached	22	38.14	vm	11
292	Shaun Burton	long eaton rc	23	39.02	vm	12
329	Robert Newberry	Unattached	24	39.09	m	7
197	Richard Rudd	notts ac whittlebury Rd Runners	25	39.24	vm	13
294	Richard Popiel		26	39.56	m	8
198	Peter Gamble	unattached	27	40.45	vm	14
182	John Shade	desford striders	28	40.48	vm	15
319	Bill Hunt	unattached	29	41.05	m	9
338	Stuart Bates	long eaton rc	30	41.25	m	10
281	Joanna Drugan	Abbey Runners	31	41.33	f	3
228	Kathleen Davis	unattached	32	41.41	vf	4
284	Tracie Morris	Heanor RC	33	41.44	vf	5
330	Sharon Birkin	Unattached	34	41.47	f	4
316	Kate Wray	shelton striders formula one circuit crew	35	41.55	f	5
245	Dave Richards		36	42.58	vm	16
321	Claire Leach	unattached formula one circuit crew	37	43.35	f	6
246	Lorraine Varney		38	44.05	vf	6
328	Julie Stone	bell harp hornets	39	44.15	vf	7
252	Nathan Dell	unattached	40	45.12	m	11

222	Caroline Thornley	redhill road runners	41	45.39	vf	8
206	Mike Drury	redhill road runners	42	45.39	m	12
236	Ian Stubbs	Shepshed RC	43	46.08	m	13
210	Alison Allen	unattached	44	46.43	vf	9
251	Alan Gibbs	unattached	45	47.09	vm	17
231	Tracey George	unattached	46	47.29	f	7
257	Joe Navesey	unattached	47	48.49	vm	18
230	Sue Mcloughlin	kimberley & district striders	48	49.07	vf	10
306	Richard Fluck	unattached	49	49.11	vm	19
196	Will Dawson	unattached	50	49.24	m	14
216	Rose Sensecall	belper harriers	51	49.30	f	8
302	Graham Allsopp	rolls royce harriers	52	49.48	vm	20
224	Amanda Ilsley	unattached	53	50.45	f	9
287	Gail Dewing	Unattached	54	51.33	f	10
297	Amy Taylor	unattached	55	51.38	f	11
209	Paul Thompson	kimberley & district striders	56	52.04	vm	21
341	Karen Preston	long eaton rc	57	52.33	vf	11
286	Penny Long	Unattached	58	52.37	f	12
289	Catherine Pegg	Chesapeake Road Runners	59	53.00	vf	12
223	Janet Ilsley	unattached	60	54.08	vf	13
202	Michael Gladwin	unattached	61	54.31	m	15
219	Samantha Shipley	unattached	62	54.32	f	13
244	Jacky Burton	unattached	63	55.09	f	14

225	Charlotte Spencer	unattached	64	55.14	f	15
271	Maelie Swanwick	unattached	65	55.28	vf	14
348	B Kuchorzewska	unattached	66	55.29	vf	15
290	Barry Pegg	Unattached	67	58.10	vm	22
221	Iris Travis	formula one circuit crew	68	63.27	vf	16
303	Ann-Marie Allsopp	unattached	69	72.50	f	16
349	no number		70	81.36		
217	Brenda Wileman	Ivanhoe Runners	71	92.46	vf	17
m	senior male under 40 yrs					
vm	veteran male 40yrs or older					
f	senior female under 35 yrs					
vf	veteran female 35yrs or older					

10 mile results

Race Number	Name	club	finish position	time	class	finish position in class
280	Jeremy Rogers	Highgate Harriers	1	60.53	m	1
295	John Hosie	northbrook ac	2	61.37	m	2
293	Andy Plumb	mansfield harriers	3	62.17	m	3
254	Matthew Nutt	formula one circuit crew	4	64.47	m	4
336	Lee Perkins	Heanor RC	5	65.45	m	5
285	Martin Bailey	Not Listed	6	66.48	m	6

187	Patrick Fitzgerald	long eaton rc	7	68.25	vm	1
203	Ron Ilsley	wirksworth running club	8	69.03	vm	2
237	Ian Abbott	redhill road runners	9	69.09	m	7
269	Brian Goodall	Erewash Valley RC	10	69.54	vm	3
256	Trevor Allport	unattached	11	70.32	vm	4
343	Matt Jones	Ripley RC	12	71.06	m	8
296	Gareth Whittall	unattached	13	71.46	m	9
283	Sam North	Heanor RC	14	73.29	vm	5
249	Jason Ball	Ripley RC	15	73.56	m	10
291	Kevin Thomas	Rotherham Harriers & AC	16	74.34	vm	6
327	Martin Harvey	bell harp hornets	17	75.14	vm	7
347	Alan Storrow	uk netrunner	18	75.54	vm	8
211	Claire Bracegirdle	wirksworth running club	19	76.12	f	1
186	Sean Wileman	Ivanhoe Runners	20	76.14	vm	9
300	Colin Bostock	long eaton rc	21	76.28	vm	10
239	Anthony Staniland	Sutton in Ashfield Harriers	22	78.10	vm	11
178	Jonathan Allen	unattached	23	78.40	m	11
335	Alan Smith	Heanor RC	24	78.48	vm	12
188	Colin Bones	redhill road runners	25	79.06	vm	13
268	Mohammed Rafiq	unattached	26	79.22	vm	14
314	Amzee Hosein	Clowne Road runners	27	79.36	vm	15
334	Paul Smith	Unattached	28	79.57	vm	16
232	Eleanor Robinson	Ripley RC	29	80.34	vf	1

274	Allan Raven	unattached	30	81.07	vm	17
243	Dirk Vervoorts	unattached	31	81.36	m	12
189	David Keegan	shelton striders	32	81.55	vm	18
305	Donna Gait	unattached	33	81.59	f	2
301	Emma Hallas	unattached	34	82.09	f	3
177	Luke Saxton	unattached	35	82.36	m	13
248	Nigel Starr	Erewash Valley RC	36	82.37	vm	19
190	Peter Roe	bell harp hornets	37	82.58	vm	20
332	K Loveridge	Unattached	38	83.24	?	
275	Cass Goss	sinfin r c	39	83.25	vm	21
324	John Dix	handsworth roadhogs	40	83.44	vm	22
322	Eddie O'Grady	unattached	41	84.14	vm	23
200	Jason Lennon	unattached	42	84.15	vm	24
195	Wayne Moore	shelton striders	43	84.55	m	14
180	John Hay	long eaton rc	44	85.14	vm	25
333	Carl Giles	Unattached	45	87.14	m	15
234	Michael Fay	formula one circuit crew	46	87.34	m	16
304	Gavin Fletcher	unattached	47	87.59	m	17
247	Anna Thompson	unattached	48	88.06	f	4
208	Stuart Sinclair	unattached	49	88.24	m	18
309	James Naylor	bell harp hornets	50	88.35	vm	26
282	Dennis Charles Reeson	redhill road runners	51	89.43	vm	27
185	Robert Norman	belper harriers	52	89.49	m	19

227	Rachel Cutting	unattached	53	89.54	f	5
265	Maria Boxer	Holme Pierrepont RC	54	89.55	f	6
204	Simon Kimmins	unattached	55	89.56	vm	28
220	Judith Marriott	shelton striders	56	90.41	vf	2
238	Damian Cowlshaw	long eaton rc	57	91.11	vm	29
263	Debbie Parker	long eaton rc	58	91.14	f	7
215	Gilly Mcloughlin	unattached	59	91.34	f	8
218	Lisa Whitchurch	sinfin r c	60	91.42	f	9
207	Bob Truswell	unattached	61	92.00	m	20
344	Steven Boucher	unattached	62	92.04	m	21
346	Chris Jackson	unattached	63	92.04	m	22
259	Bev Barnes	redhill road runners	64	92.11	vf	3
253	Kevin Hudson	unattached	65	93.31	vm	30
278	Eliot Caulton	unattached	66	93.54	m	23
345	Holden	bell harp hornets	67	94.11	vm	31
342	Kevin Holland	long eaton rc	68	94.25	vm	32
272	Heather Wesson	unattached	69	95.06	f	10
337	Lynn Andrews	long eaton rc	70	95.16	vf	4
213	Heather Pike	Sutton in Ashfield Harriers	71	65.33	vf	5
308	Greg Goddard	Clowne Road runners	72	95.53	vm	33
331	Rani Uppal	Unattached	73	96.10	f	11
183	James Furness	unattached	74	96.15	m	24
199	Jeff Rainbow	formula one circuit crew	75	96.17	vm	34

233	Zoe Skilton	formula one circuit crew	76	97.02	f	12
258	Gill Navesey	unattached	77	97.44	vf	6
250	Wendy Knapman	unattached	78	98.09	vf	7
241	Bridget Gaunt	unattached	79	98.13	vf	8
315	Kok-Yew Loh	unattached	80	98.21	m	25
326	A Smith	notts ac	81	98.46	vm	35
262	Jayne Mills	unattached	82	100.38	vf	9
270	Janart Durham	unattached	83	104.48	vm	36
323	Lea Chillery	Sutton in Ashfield Harriers	84	106.20	f	13
325	S Smith	notts ac	85	106.24	vf	10
279	Phill Hickling	bell harp hornets	86	106.27	vm	37
194	Ken Wright	rolls royce harriers	87	108.25	vm	38
242	Jon Riding	unattached	88	111.59	m	26
192	Paul Gilbert	unattached	89	123.56	vm	39
191	Shaun Gilbert	unattached	90	123.56	m	27
320	Diane Wheeler	unattached	91	124.42	vf	11
277	Sarah Caulton	unattached	92	129.41	f	14