

## Ilkeston Running Club

Ilkeston Running Club							
Double or Quit race 29th August 2009							
5 mile results							
finish position	race no.	Name	club	class	position in class	time	Notes
1	678	Stuart Margiotta	Ashbourne RC	m	1	28.34	trophy
2	731	Andy Colegate	long eaton rc	m	2	30.18	
3	668	Matty Brennan	Erewash Valley RC	m	3	31.50	
4	775	Dicky Wilkinson	long eaton rc	vm	1	31.53	vet trophy
5	739	Andrew Zobel	Derby AC	vm	2	32.13	
6	696	Edgars Sokolovskis	Boston & District AC	m	4	33.02	
7	729	Gary Fallon	Derby AC	vm	3	33.12	
8	727	Ray McDonald	Derby AC	vm	4	33.36	
9	744	Trevor Hiscox	Mansfield Harriers	vm	5	34.31	
10	751	Caroline Scott	Sinfin RC	vf	1	34.45	trophy
11	674	Glyn Bythway	unattached	vm	6	34.58	
12	689	Jerry Sharp	Northumberland Fell Runners	vm	7	35.11	
13	620	Steve Gelderd	Redhill RR	vm	8	35.15	
14	716	Graham Dingley	Burton AC	vm	9	35.53	
15	728	Robert Newbery	unattached	m	5	36.55	
16	758	Jack Dakin	unattached	m	6	37.18	
17	767	Peter Fleming	unattached	vm	10	37.35	
18	768	Duncan Gedge	long eaton rc	vm	11	37.46	
19	666	Judith Marriott	shelton striders	vf	2	38.11	vet trophy
20	618	Graham Smith	unattached	vm	12	38.16	
21	656	Michael Whatling	unattached	vm	13	38.36	
22	759	Andy Dakin	unattached	vm	14	39.42	
23	721	Karl Petch	Derby AC	vm	15	39.52	
24	651	Lindsay Hoggard	unattached	f	1	40.48	
25	676	Heather Dolan	unattached	vf	3	41.20	
26	658	Ian Bowker	unattached	m	7	41.46	
27	779	Traci Edwards	Harborough AC	vf	4	43.56	
28	780	Stuart Andersons	Wakefield & District Harriers	vm	16	44.26	
29	623	Samantha Shipley	Heanor RC	f	2	44.30	
30	726	Tracie Morris	Heanor RC	vf	5	44.36	
31	648	Richard McKie	long eaton rc	vm	17	44.45	
32	688	Jackie Sharp	unattached	vf	6	45.16	
33	698	Emma Garner	kimberley & district striders	f	3	45.45	
34	730	Debbie Coleman	long eaton rc	f	4	45.55	
35	622	Siobhan Brennan	unattached	f	5	46.58	
36	677	Helen Margiotta	unattached	f	6	47.04	
37	754	Gary Lycett	unattached	vm	18	47.07	
38	638	F Plant	Holme Pierrepont RC	vf	7	47.38	
39	621	Graham Benton	Maltby RC	vm	19	49.30	
40	682	Graham Livermore	unattached	vm	20	50.29	
41	632	Steven Gilbert	unattached	m	8	50.40	
42	710	Robyn O'Connell	unattached	f	7	50.51	
43	709	Janice O'Connell	unattached	vf	8	50.55	
44	738	Davina Palmer	unattached	vf	9	50.58	

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finish position	race no.	Name	club	class	position in class	time	Notes
45	657	Bis Whatling	unattached	vf	10	52.44	
46	742	Audrey Raby	Total Fitness	vf	11	53.54	
47	650	Kathryn Tyrell	unattached	f	8	55.52	
48	777	Lynda Jackson	unattached	vf	12	56.14	
49	768	Jill Boucher	unattached	vf	13	57.48	
50	711	Jasmine O'Connell	unattached	f	9	61.59	
51	634	Peter Lythgoe	unattached	vm	21	63.03	
52	641	Hugh Barnett	mansfield triathlon	vm	22	63.30	
53	707	Karen Ennis	unattached	f	10	66.46	
54	702	Michelle Payne	MK Lakeside Runners	vf	14	66.48	
<b>10 mile results</b>							
finish position	race entries	Name	club	class	position in class	time	notes
1	770	Dav Connor	Derby AC	vm	1	57.35	trophy
2	720	Philip Critchlow	Beaumont RC	vm	2	58.39	vet trophy
3	766	Matthew Jones	Ripley RC	m	1	62.02	
4	700	Matthew Nutt	Crew	vm	3	62.15	
5	660	Pat Wheeler	unattached	vm	4	63.42	
6	778	David Walsh	Redhill RR	vm	5	64.33	
7	646	Patrick Fitzgerald	long eaton rc	vm	6	64.50	
8	724	Neil Halliday	Derby AC	m	2	65.36	
9	736	Geoff Newill	Barrow Runners	vm	7	65.45	
10	643	Andy Barker	unattached	m	3	68.49	
11	653	Suzanne Roddis	north derbyshire	f	1	68.59	trophy
12	612	Luke Saxton	unattached	m	4	69.07	
13	741	Kevin Wood	Total Fitness	vm	8	69.15	
14	717	Lucy Holmes	Ripley RC	f	2	69.52	
15	748	Jason Ball	shelton striders	m	5	70.03	
16	683	Clive Winfield	unattached	vm	9	70.12	
17	749	Ryan Ball	Ripley RC	m	6	70.35	
18	687	Brian Goodall	Erewash Valley RC	vm	10	71.00	
19	733	Andrew Hall	little eaton hornets	vm	11	71.04	
20	763	Ian Hunter	striders	m	7	71.10	
21	630	Christopher Sprules	Club	vm	12	71.15	
22	740	Wayne Smithurst	Ripley RC	m	8	71.21	
23	640	Catherine Charlton	Redhill RR	f	3	71.36	
24	722	Anthony Davies	Ripley RC	m	9	72.20	
25	661	Anne Herold	aldridge rc	vf	1	72.28	vet trophy
26	712	Brendan Walsh	unattached	m	10	72.41	
27	681	Tony Dutton	Bilston AC	vm	13	72.47	
28	624	Steve Elliott	Ripley RC	vm	14	73.09	
29	732	Robert Lennox	little eaton hornets	vm	15	73.29	
30	753	Neil Handley	unattached	vm	16	74.19	
31	655	Keith Spriggs	unattached	m	11	74.40	
32	706	Tim Simpson	Heanor RC	m	12	74.46	

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33	756	Jacqui Khoueiry	Holmfirth Harriers	f	4	75.14	
34	755	Maz Khoueiry	Holmfirth Harriers	m	13	75.14	
35	625	Donna Gatt	unattached	vf	2	75.49	
36	718	James Naylor	little eaton hornets	vm	17	76.15	
37	719	Colin Bostock	long eaton rc	vm	18	76.26	
38	619	Wayne Yearwood	Ripley RC	vm	19	77.03	
39	774	Stephen Doleman	unattached	vm	20	77.19	
40	626	Emma Hallas	Hatton Darts RC	f	5	77.28	
41	771	Alan Smith	Heanor RC	vm	21	77.37	
42	649	John Parry	unattached	m	14	78.16	
43	701	Pete Southall	Bourneville Harriers	m	15	78.23	
44	752	Karl Tietz	Ripley RC	vm	22	78.39	
45	705	Peter Davison	Runners	m	16	79.06	
46	673	William Thompson	unattached	m	17	79.15	
47	665	Neil Cort	unattached	vm	23	79.30	
48	692	Andrew Sloan	unattached	m	18	79.37	
49	637	David Barrand	unattached	m	19	80.01	
50	703	Allan Raven	unattached	vm	24	80.08	
51	628	Keith Waring	Notts AC	vm	25	80.11	
52	642	Nathan Pollard	unattached	m	20	80.24	
53	675	Steven Saunders	Ripley RC	vm	26	80.39	
54	723	Micheal Clark	unattached	m	21	81.00	
55	644	Richard Mitson	Notts AC	vm	27	81.14	
56	679	Stefan Osvath	stanley striders	vm	28	81.16	
57	647	Bob Wilson	rolls royce harriers	m	22	81.34	
58	691	Ernest Goss	Sinfin RC	vm	29	81.51	
59	715	Rob Pearce	Belper harriers	m	23	82.40	
60	639	Jane Lewis	unattached	vf	3	82.51	
61	704	Pete Holmes	Erewash Valley RC	vm	30	82.52	
62	765	Chris Williams	unattached	m	24	82.58	
63	636	Simon Fennemore	unattached	m	25	83.04	
64	725	David Keegan	shelton striders	vm	31	83.07	
65	663	Eleanor Robinson	Ripley RC	vf	4	83.30	
66	745	Ciaran Grant Fallon	unattached	m	26	84.03	
67	664	Nigel Starr	Erewash Valley RC	vm	32	84.19	
68	776	Chris Jackson	Absolute Tri Club	vm	33	84.24	
69	772	Darren Bradley	shelton striders	m	27	84.29	
70	762	Andrew Beardmore	derwent runners	vm	34	84.36	
71	635	David Richards	Crew	vm	35	84.43	
72	694	Catherine Woolley	unattached	f	6	85.07	
73	611	Steven Plumb	Leicestershire Police	vm	36	85.36	
74	750	Jackie Campbell	shelton striders	vf	5	85.50	
75	699	Michelle Garner	striders	vf	6	86.56	
76	735	Andrew Williams	unattached	vm	37	87.31	
77	645	Deane Ward	uknetrunner	vm	38	88.03	
78	769	Steve Boucher	unattached	vm	39	89.00	
79	669	Fiona Alton	unattached	f	7	89.24	

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80	672	Geoff Goodwin	unattached	vm	40	89.29	
81	685	Mucklestone	unattached	vf	7	90.09	
82	714	Darren Beswick	unattached	m	28	90.30	
83	713	Bridie D'arcy	Barrow Runners	f	8	90.34	
84	743	James Boyd	unattached	m	29	90.53	
85	773	Joanne Crilly	Sinfin RC	vf	8	91.06	
86	690	Lucy Goss	Sinfin RC	f	9	91.34	
87	652	Rebecca Parry	running 4 women	vf	9	91.39	
88	734	Christopher Flintham	Maltby RC	vm	41	91.54	
89	662	Gill Navesey	unattached	vf	10	93.14	
90	633	Lorraine Varney	Crew	vf	11	93.16	
91	627	Matt Ceiley	unattached	m	30	93.53	
92	629	Elaine Pladgeman	Barrow Runners	vf	12	94.54	
93	671	Sue Smith	unattached	vf	13	95.01	
94	746	Kok-Yew Loh	unattached	m	31	95.20	
95	654	Rachelle Caulton	unattached	f	10	96.35	
96	737	Alison Newill	Barrow Runners	vf	14	96.40	
97	760	Katie Fitchett	unattached	f	11	98.11	
98	761	Laura Fitchett	unattached	f	12	98.12	
99	695	Yvette Todd	Runners	vf	15	98.58	
100	684	Andrew Mucklestone	TFN Triathlon Club	vm	42	99.46	
101	747	Graham Allsop	rolls royce harriers	vm	43	101.15	
102	780	Steve Dixon	unattached	vm	44	102.48	
103	757	Phil Hickling	little eaton hornets	vm	45	103.07	
104	708	Kevin O'Connell	unattached	vm	46	104.50	
105	764	Andy Parsons	Army	vm	47	107.26	
106	667	John Prior	unattached	vm	48	109.36	
107	631	Anna Sargeant	unattached	vf	16	113.54	
rtd	686	Chris Nicoll	derby tri club	vm			